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# User's Guide to the Human Mind™

Cohannet Hill's programs, drawn from our innovative curriculum, are designed to have a profound and lasting positive impact on our students, our communities, and the world.

*User's Guide to the Human Mind* corresponds to the dimension of "Intellectual Development." Students will learn thinking tools, methods of studying and learning, creative problem solving, how memory works, and other related topics.

Many of the topics in this program are further expanded upon in other programs also available from Cohannet Hill.

## Thinking

We believe that we are always thinking, but in fact our brains are designed to avoid thinking whenever possible. Learn how thinking works in simple terms, how to recognize obstacles to good thinking, and how to use handy tools to improve your thinking.

## Learning

We are all born eager and natural learners; but that doesn't mean that we automatically understand the mechanism behind the learning process. Learn about that process, about barriers and inhibitors to learning, and about conditions that promote better learning.

## Memory

Learn how memory works, how it is influenced by outside forces and your own thought processes, and how to sharpen and magnify your existing powers of memory.

## Creative Thought

Learn how to nurture your creativity, break through conceptual blocks, and generate original, imaginative, unconventional ideas.

## Problem Solving

Learn proven tools, techniques, and approaches to the art and craft of designing inventive solutions to all kinds of problems.

## Decision Making

Learn about the process of decision making, the psychological factors that affect it, and tools to enhance your own decision making.

## System View

Many (some would say all) processes and systems are non-linear. Failure to recognize this often leads to failed solutions and unintended consequences. Learn about the importance of feedback loops in studying cause and effect in systems.

## Variation and Stability

If our test scores rose 5% this year, what would that number tell us about our progress? Learn to look at statistics analytically, with an understanding of their significance and the difference between description and prediction.

## About Cohannet Hill

Cohannet Hill is dedicated to promoting an integrated, broad-based education for a lifetime. We achieve this by designing, developing, and delivering a whole-life curriculum that supplements and enhances existing school curricula, giving students the opportunity to learn invaluable lessons not emphasized in schools and not measured by any standardized test.

Cohannet Hill's curriculum has been gathered from sources spanning the centuries. Parts of it have been around since ancient times – truly “wisdom of the ages.” Other parts are newer, but no less proven. We at Cohannet Hill have organized this tried and true material within our unique multi-dimensional curriculum.

The curriculum dimensions overlap and interact in meaningful ways. This richness in context and connection helps students to understand why each topic matters and how it fits together with other topics, answering the familiar (and entirely reasonable) challenge, “Who cares? Why should I have to learn this?”

We continue to grow our curriculum and develop new programs through a process of ongoing evaluation and improvement, using methods based on modern research in cognitive science to produce lessons that are highly effective and entertaining.



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***School ends. Learning doesn't.***<sup>™</sup>



### Program Overview



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