

Lead Your Life™

Cohannet Hill's programs, drawn from our innovative curriculum, are designed to have a profound and lasting positive impact on our learners, our communities, and the world.

Our **Lead Your Life** program introduces the dimension of "Personal Growth" from our full curriculum.

In **Phase I** of this program, learners will grow to accept responsibility for their choices, think about and make plans for their future, and learn how to stay focused.

Phase II helps learners think for themselves and shield themselves from the efforts of others to manipulate them.

Phase III introduces learners to skills they'll need to interact effectively with others throughout their lives.

Many of the topics in this program are further expanded upon in other programs also available from Cohannet Hill.

Phase I (Self-Directedness)

Accepting Responsibility

Expecting someone else to make your dreams come true is a recipe for failure. Learn to take charge of your life.

Knowing What Matters

You take charge of your life so you can get where you want to go. Learn how to figure out where that is.

Staying on Track

Even if you know where you want to go, distractions can pull you off course. Learn to stay focused on what matters to you.

Phase II (Intellectual Independence)

Self-Deception

Nobody's better at fooling you than you are. Learn how to recognize and avoid common self-deceptions.

Deception by Others

As good as you are at fooling yourself, there are others who make their living out of trying to deceive and manipulate you. Learn to recognize their tricks.

Thinking Logically

We humans have been using logic to improve our thinking since ancient times. You can learn how starting right now.

Thinking Methodically

Learn how to look into things with an organized approach.

Phase III (Social Maturity)

Abundance Approach

Some people fear or resent others' success, worried that it will keep them from getting their own "piece of the pie." Learn how you can help make sure there's plenty of "pie" for everyone, yourself included.

Empathizing

Learn to listen to and really understand the perspectives of others.

Negotiating

Learn how to reach mutually satisfactory agreements with others.

Rhetoric

Expand your influence by learning how to inform, persuade, or motivate others in specific situations.

Collaborating for Synergy

Learn how to work with others to accomplish shared goals that are greater than could be accomplished separately.

No Man Is an Island

Learn how people's thoughts, feelings, and behaviors are influenced by the presence of others.

Societal Conventions

Some people don't know how to behave when they're among others, and some of them don't even realize they're behaving badly. Don't be one of them. Learn "how not to be a jerk" in typical social situations.

About Cohannet Hill

Cohannet Hill is dedicated to promoting an integrated, broad-based education for a lifetime. We achieve this by designing, developing, and delivering a whole-life curriculum that supplements and enhances existing school curricula, giving learners the opportunity to learn invaluable lessons not emphasized in schools and not measured by any standardized test.

Cohannet Hill's curriculum has been gathered from sources spanning the centuries. Some of it has been around since ancient times – truly “wisdom of the ages.” Some is newer, but no less proven. We at Cohannet Hill have collected and organized this tried and true material within our unique multi-dimensional curriculum.

The curriculum dimensions overlap and interact in meaningful ways. This richness in context and connection helps learners to understand why each topic matters and how it fits together with other topics, answering the familiar (and entirely reasonable) challenge, “Who cares? Why should I have to learn this?”

We continue to grow our curriculum and develop new programs through a process of ongoing evaluation and improvement, using methods based on modern research in cognitive science to produce lessons that are highly effective and entertaining.



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School ends. Learning doesn't.[™]



Program Overview



Lead Your Life[™]