
Balance Your World™

Cohannet Hill's programs, drawn from our innovative curriculum, are designed to have a profound and lasting positive impact on our learners, our communities, and the world.

Balance Your World provides an introduction to the "Balance and Fulfillment" dimension of our curriculum.

Learners in this highly interdisciplinary program will learn about the six key areas of life and how to maintain a healthy balance among them.

Other Cohannet Hill programs provide opportunities for practical experience-based learning in many specialized topics from within each of the six key areas.

Survival & Thriving

To survive and thrive, we need sources of sustenance, a roof over our heads, a safe environment, and good health. Learn what it means to satisfy these fundamental needs.

Freedom from External Control

We all want to be free to pursue our own ambitions, and want to feel a sense of control over our own lives. Learn to understand the time-honored struggle for personal and societal liberty, and how you can participate in it.

Love & Belonging

Our personal relationships and the communities we belong to are vital components of a happy life. Learn how they work, so you can participate more fully.

Power To Do and Be

As we see on our favorite detective shows, finding the person who committed a crime requires finding someone who had motive, means, and opportunity. In fact, to accomplish anything, we have to want to do it, be capable of doing it, and have the opportunity to do it. Learn how to make these factors work together for you in your life.

Purpose & Meaning

From time to time we all find ourselves wondering about frightening questions such as, "Why am I here on Earth? What's the point of it all?" It's a basic human desire to want to make a difference, to have our lives count for something in a way that matters to us. Learn how to figure out what matters to you.

Fun & Recreation

Time spent on fun and recreation does not have to be thought of as time wasted or frivolously spent. We all need to relax and renew ourselves, and we all crave interesting challenges that help us grow. Learn how to make these activities a valued and useful part of your life.

About Cohannet Hill

Cohannet Hill is dedicated to promoting an integrated, broad-based education for a lifetime. We achieve this by designing, developing, and delivering a whole-life curriculum that supplements and enhances existing school curricula, giving learners the opportunity to learn invaluable lessons not emphasized in schools and not measured by any standardized test.

Cohannet Hill's curriculum has been gathered from sources spanning the centuries. Some of it has been around since ancient times – truly “wisdom of the ages.” Some is newer, but no less proven. We at Cohannet Hill have collected and organized this tried and true material within our unique multi-dimensional curriculum.

The curriculum dimensions overlap and interact in meaningful ways. This richness in context and connection helps learners to understand why each topic matters and how it fits together with other topics, answering the familiar (and entirely reasonable) challenge, “Who cares? Why should I have to learn this?”

We continue to grow our curriculum and develop new programs through a process of ongoing evaluation and improvement, using methods based on modern research in cognitive science to produce lessons that are highly effective and entertaining.



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School ends. Learning doesn't.[™]



Program Overview



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